

# Child Inclusive Mediation & Counselling

## NEW Online Training Programs With Professor Jennifer McIntosh

Child Inclusive Mediation & Counselling (CIMC) is an evidence based intervention for separated parents in dispute, designed to support and powerfully realign co-parenting, by focusing on the experiences of their children.

The work combines skillful developmental consultation with children, and strategic, therapeutic feedback conversations with their parents, within a mediation or counselling process, in court or community based services.

Child Inclusion is a powerful intervention with proven potential to support co-parenting and children's adjustment pathways after separation. Just like any powerful tool, Child Inclusion requires thorough training.

Training in the Child Inclusive approach to post-separation parental dispute resolution is now here, taught by pioneer of the method, Professor Jennifer McIntosh, acclaimed child psychologist and researcher in the divorce and family trauma field.

The skills and knowledge in this far reaching course are ideal for counsellors, mediators, child specialists, therapists, children's lawyers, parenting co-ordinators and more, and adaptable to many modalities and settings....wherever supporting parenting after separation is a focus.

The full introductory course comprises 18 hours of seminars, video demonstrations, and interactive learning tasks.

### **Children Beyond Dispute also offers:**

- Certification of learning
- Accreditation pathways
- Referral register for accredited practitioners and supervisors
- Webinars, professional development and supervision opportunities
- Numerous practice and training resources



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The course can be taken in four variations:

- The full program for child specialists (18 hours)
- Part program for parent practitioners (14 hours)
- Introductory program only (1 hour)
- Child interview skills refresher package (5 hours)

## Unit 1: Overview:

- What is CIMC?
- History, Rationale & Methods of Child Inclusive Practices
- The Evidence Base

## Unit 2: Theoretical Underpinnings and the Intent:

- Theoretical Foundations for Child Inclusive Practices
- Defining the Child's Voice
- Rupture, Repair and Parental Reflective Function
- Therapeutic Intent Child Inclusion
- Case Example

## Unit 3: Intervention Components:

- Partnership Between Child Consultant and Mediator/Counsellor
- Mindful Co-working
- Letting the Purpose Drive the Process

## Unit 4: Assessing Fit:

- Should We Include the Children in this Case?
- Screening Safety
- Screening Capacity
- Techniques for Screening Parental Reflective Functioning
- Considering Readiness for Child Inclusive Mediation/Counselling
- Case Examples

## Unit 5: Meeting with the Child (in 2 parts):

- Aims in Assessing Children for CIMC
- Starting with Development
- The Clinical Process
- Engaging and Contracting
- Interview Tools and Methods
- Ensuring the Child's Comfort and Safety
- Enriching your Observations
- Formulating Interview Material for Discussion with Parents
- Case Examples

## Unit 6: Feedback Conversations: Art and Science:

- The Purpose and Goals of Feedback
- Styles of Feedback
- Roles of Child Consultant, Mediator/Counsellor in Feedback Discussion
- Analysing the Therapeutic Elements of Good Feedback Conversations
- Case Examples

## Unit 7: Beyond Feedback:

- Maintaining the Child's Presence after Feedback
- Consultation with other parties (legal, new partners etc)
- Essentials of a Child Inclusive Parenting Plan
- Communication Plans
- Sequencing CIMC in your Service Context